

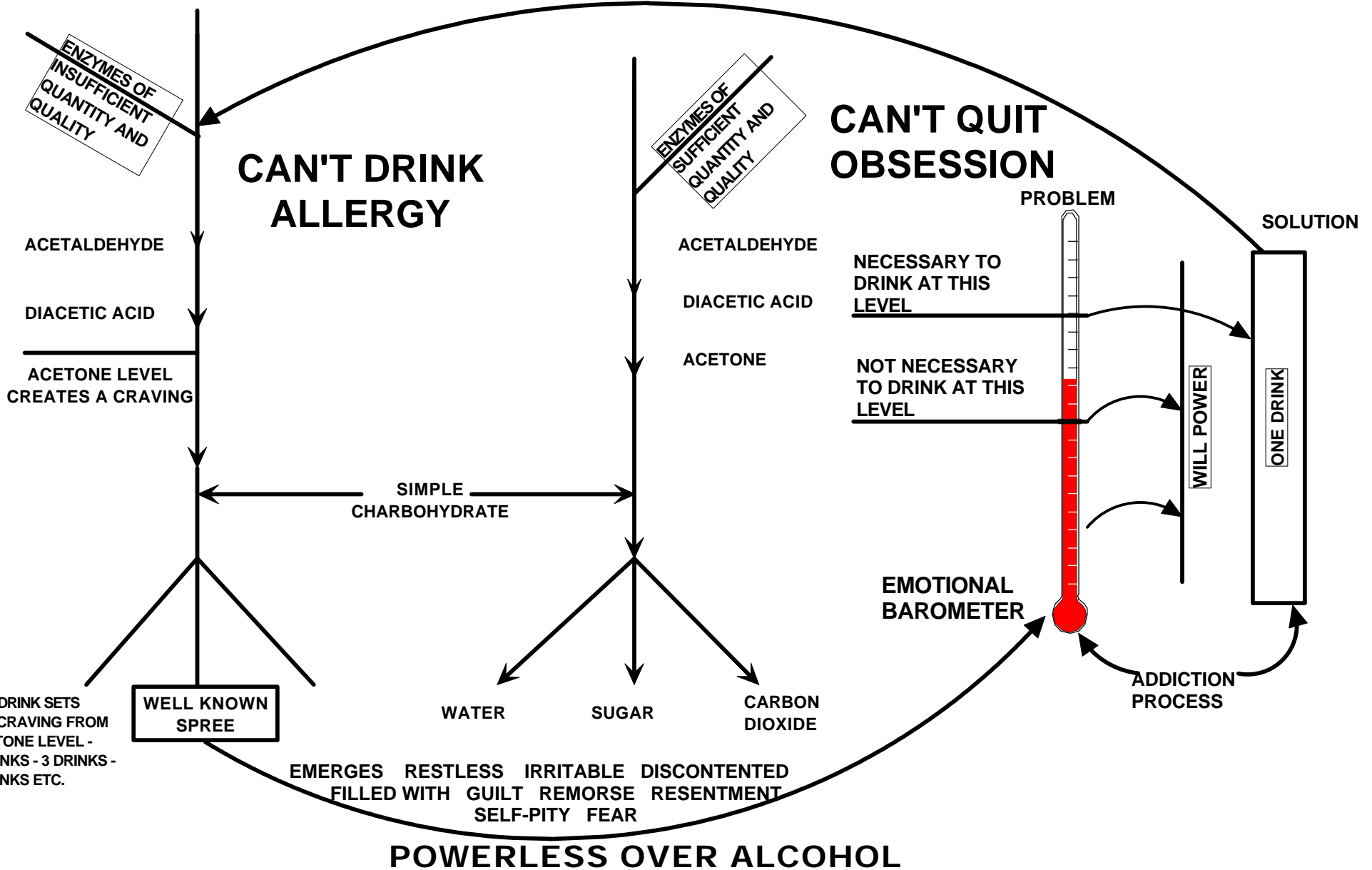
DISEASE CONCEPT OF ALCOHOLISM

PHYSICAL

ONE DOES NOT DRINK SAFELY
OR HE IS AT DIS-EASE

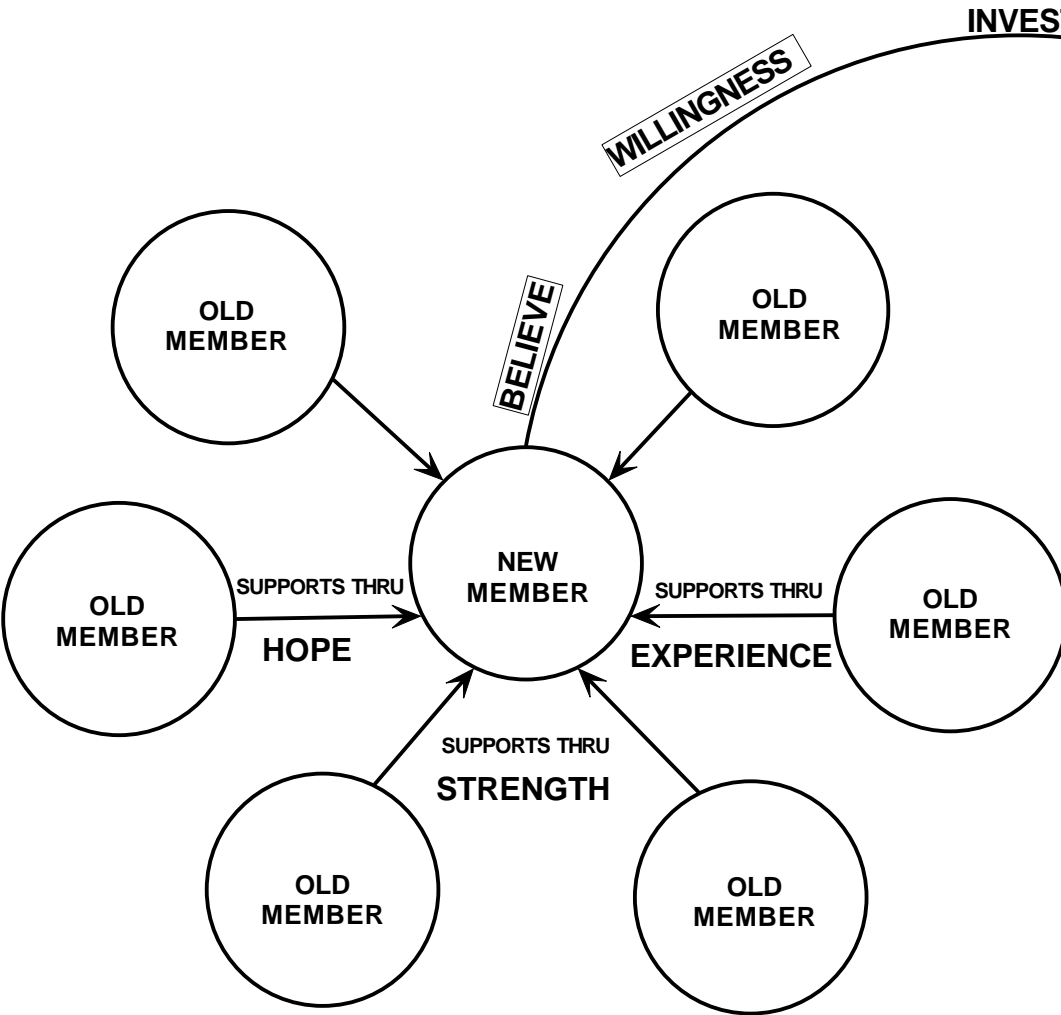
NINE DRINK SAFELY
THEY ARE AT EASE

MENTAL



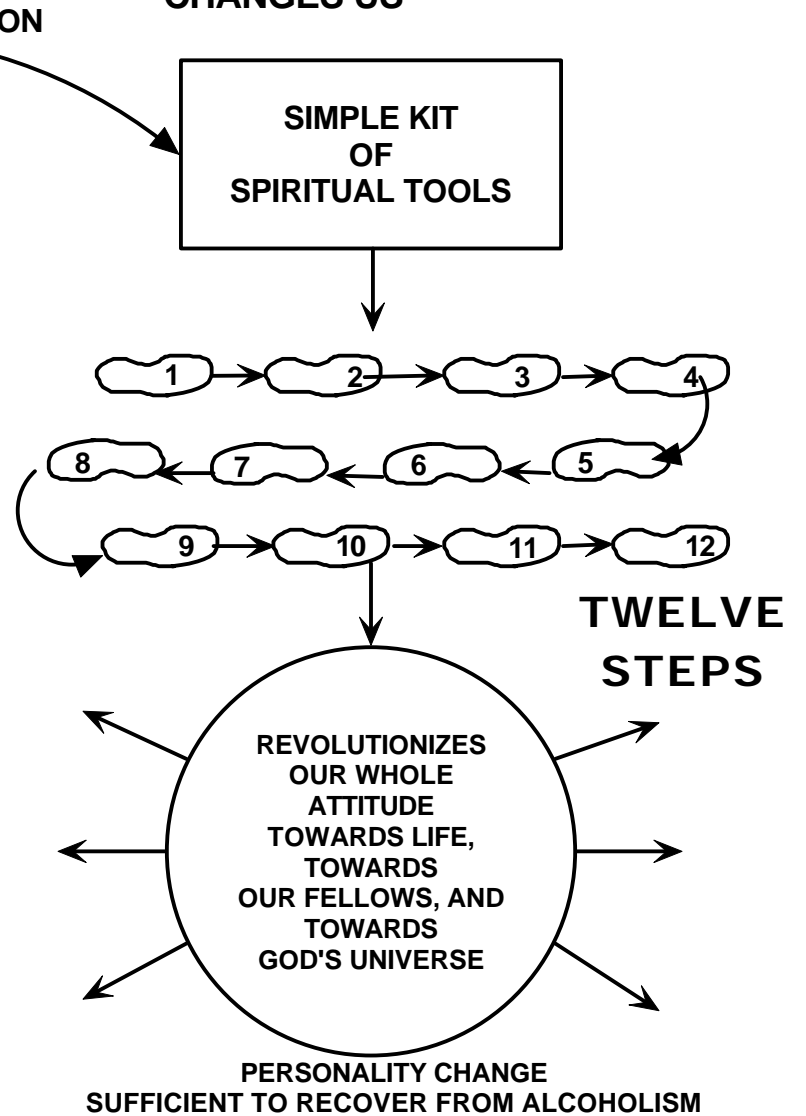
WHAT IS THE SOLUTION?

FELLOWSHIP
SUPPORTS US



FELLOWSHIP OF THOSE WHO SUFFER THE SAME PROBLEM

SPIRITUAL EXPERIENCE
SPIRITUAL AWAKENING
CHANGES US



GLOSSARY OF WORDS USED IN STEPS FOUR AND FIVE

EXACT	- Very accurate, methodical and correct.
NATURE	- The essential characteristics of a thing.
WRONG	- Acting, judging, or believing incorrectly
FAULT	- Something done wrongly, an error or mistake
MISTAKE	- To understand or perceive wrongly
DEFACT	- Lack of something necessary for completeness – Same as Shortcoming
SHORTCOMING	- Falling short of what is expected or required – Same as Defect
SELF-CENTERED	- Occupied or concerned only with one's own affairs – Same as Selfish
SELFISH	- Too much concern with one's own welfare or interest and having little or no concern for others – Same as Self-Centered
SELF-SEEKING	- A person who seeks only or mainly to further is own interests
DISHONEST	- The act or practice of telling a lie, or of cheating, deceiving, stealing, etc.
FEAR	- A feeling of anxiety, agitation, uneasiness, apprehension, etc.
FRIGHTENED	- A temporary or continual state of fear
INCONSIDERATE	- Without thought or consideration of others

STEP 4
INVENTORY COMPARISON

BUSINESS

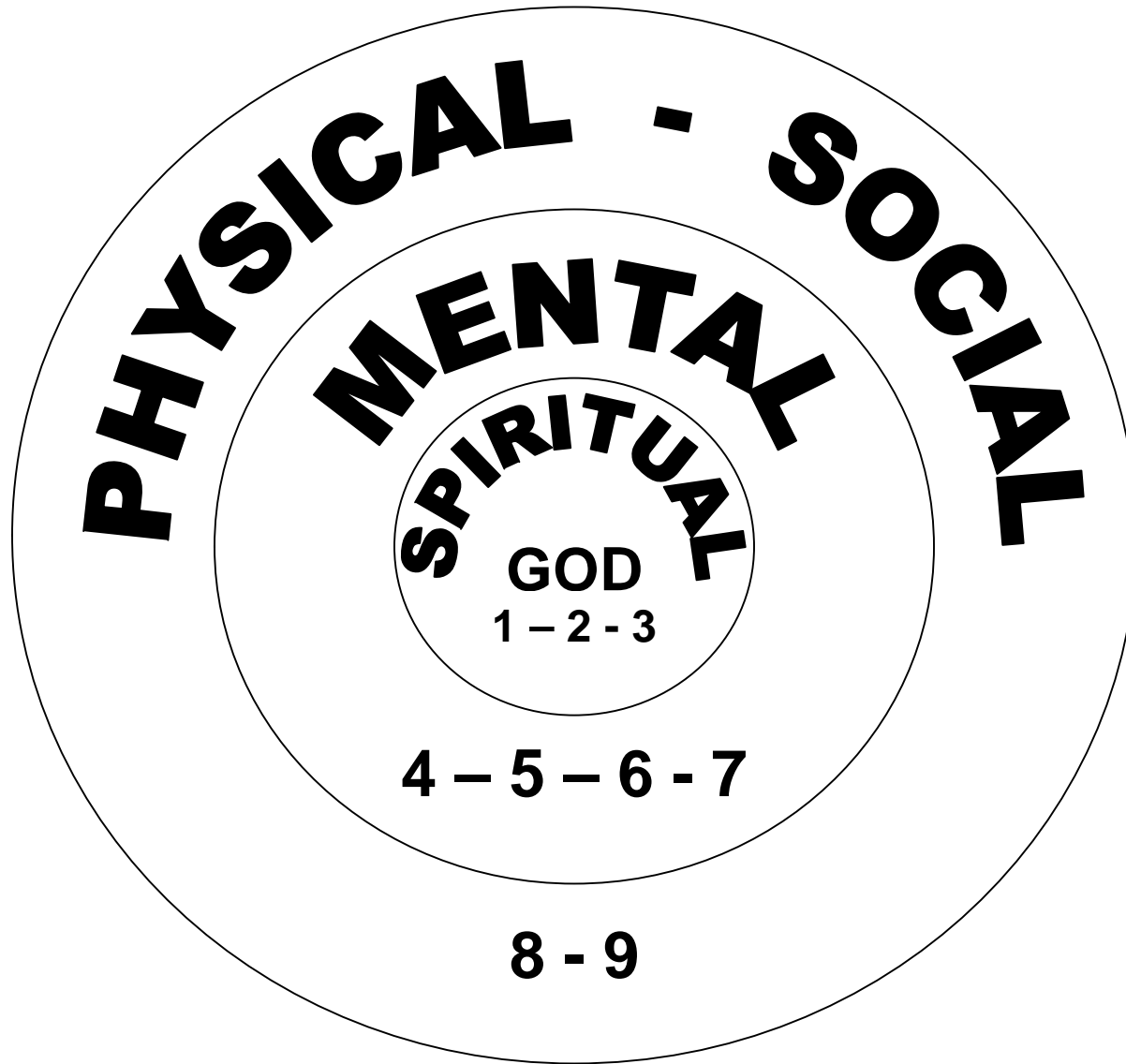
PERSONAL

FACT-FINDING	=	SEARCHING
FACT-FACING	=	FEARLESS
TRUTH	=	MORAL
STOCK-IN-TRADE	=	OURSELVES
DISCLOSE DAMAGED OR UNSALABLE GOODS	=	FIND FLAW THINKING PROCESS
GET RID OF THEM PROMPTLY WITHOUT REGRET	=	GET RID OF THEM PROMPTLY WITHOUT REGRET
STOCK IN TRADE THAT IS DAMAGED	=	1. RESENTMENTS 2. FEAR 3. HARMS DONE TO OTHERS

BASIC INSTINCTS OF LIFE WHICH CREATE SELF

SOCIAL INSTINCT	SECURITY INSTINCT	SEX INSTINCT
<p>COMPANIONSHIP – Wanting to belong or to be accepted</p> <p>PRESTIGE – Wanting to be recognized, or to be accepted as a leader</p> <p>SELF-ESTEEM— What I think of myself, high or low</p> <p>PRIDE – An excessive or unjustified opinion of oneself, either positive (self-love) or negative (self-hate)</p> <p>PERSONAL RELATIONSHIPS – Our relations with other human beings and the world around me.</p> <p>AMBITIONS – Our plans to gain acceptance, power, recognition, prestige, etc.</p>	<p>MATERIAL – Wanting money, buildings, property, clothing, etc. In order to be secure in the future.</p> <p>EMOTIONAL – Based upon our needs for another person or persons. Some tend to dominate; some are overly dependent on others.</p> <p>AMBITIONS – Our plans to gain material wealth, or to dominate, or to depend upon others.</p>	<p>ACCEPTABLE – Our sex lives as accepted by society, God’s Principles or our own Principles.</p> <p>HIDDEN – Our sex lives that are contrary to either Society, God’s Principles or our own Principles</p> <p>AMBITIONS – our plans regarding our sex lives either acceptable or hidden</p>
RESENTMENTS	FEAR	HARMS OR HURTS
<p>Feelings of bitter hurt or indignation, which comes from rightly or wrongly held feelings of being injured or offended.</p>	<p>Feelings of anxiety, agitation, uneasiness, apprehension, etc.</p>	<p>Wrongful acts, which result in pain, hurt feelings, worry, and financial loss, etc., for others and also self.</p>

THE THREE DIMENSIONS OF LIFE
STEPS 1 THRU 9



DAILY INVENTORY

When we retire at night,
We constructively review our day,
Were we resentful, selfish, dishonest or afraid?

PERSONALITY CHARACTERISTICS OF SELF-WILL

PERSONALITY CHARACTERISTICS OF GOD'S WILL

SELFISH AND SELF-SEEKING

INTERESTED IN OTHERS

DISHONESTY

HONESTY

FRIGHTENED

COURAGE

INCONSIDERATE

CONSIDERATE

PRIDE

HUMILITY – SEEKING GOD'S WILL

GREEDY

GIVING OR SHARING

LUSTFUL

WHAT CAN WE DO FOR OTHERS

ANGER

CLAM

ENVY

GRATEFUL

SLOTH

TAKE ACTION

GLUTTONY

MODERATION

IMPATIENT

PATIENCE

INTOLERANT

TOLERANCE

RESENTFUL

FORGIVENESS

HATE

LOVE-CONCERN FOR OTHERS

HARMFUL ACTS

GOOD DEEDS

SELF-PITY

SELF-FORGETFULNESS

SELF-JUSTIFICATION

HUMILITY – SEEKING GOD'S WILL

SELF-IMPORTANCE

MODESTY

SELF-CONDEMNATION

SELF-FORGIVENESS

SUSPICIOUS

TRUST

DOUBT

FAITH